Integrated Behavioral Health Therapist

Axis Community Health is a non-profit community health organization that provides a wide array of services including Medical services, WIC and Behavioral Health Services. Within Behavioral Health services, we provide Integrated Behavioral Health (IBH), Specialty Mental Health, Adult and Teen Drug and Alcohol and DUI classes.

Axis is currently looking for a full-time therapist to work within our Integrated Behavioral Health program. This program is located within our medical clinics (located in Pleasanton and Livermore). Therapists are available and on hand to support physicians and medical patients who may have mental/behavioral health needs. Therapists enter exam rooms as requested and conduct warm-handoffs, conduct follow up treatment using a solution focused or short-term framework, with the goal of improving the overall functioning of the individual. The IBH program is highly integrative and team based.

For more information about Axis, visit us at:  www.axishealth.org

Qualifications:

1. LCSW, Ph.D/Psy.D in Counseling or related field.
2. Spanish speaking ideal.
3. Current valid California License (California Board of Psychology or Board of Behavioral Sciences).
4. Prefer candidates who have been licensed for one year or longer.
5. Candidates must have been practicing direct counseling for at least 2 years and averaged at least 5 client hours per week.
6. Ideal candidate would have some experience working as a multi-disciplinary team and/or experience working with individuals who also struggle with medical issues.
7. Some education/experience with short-term, solution focused therapy approach is a must. Familiarity with CBT and DBT techniques preferred. Flexibility in treatment approach is preferred (i.e. ability to conduct short-term and longer-term therapy, ability to meet with patients on the spot, ability to conduct 30 min or 45 min sessions).
8. Demonstrated ability to maintain a case load of patients and communicate with larger treatment team.
9. Strong written & verbal communication skills.
10. Proven ability to build relationships with patients and staff; must be service oriented.
11. Computer Knowledge and ability to type is required. Previous experience using electronic health records is a plus.
12. Excellent time management skills to meet goals and objectives.
13. Ability to multi-task effectively; organized and dependable.
14. Ability to interact effectively and in a professional, supportive manner with persons of all within a fast-paced medical clinic environment.

Duties:

1. Maintain an ongoing patient load and conduct short-term counseling services with the intention of meeting specific goals.
2. Conduct intakes and assessments, warm-handoffs as needed while on-call (staff is on-call for designated periods of time between the hours of 9am – 5pm).
3. Conduct individual therapy services for patients over the age of 5 (but primarily 12 and up). Possibly conduct couples, family or group therapy as needed.
4. Complete documentation using the electronic health record in a timely fashion while adhering to related laws and regulations for documentation.
5. Track patient progress, utilize screening measures when necessary.
6. Monitor and coordinate the delivery of health services for clients as related to integrated behavioral health care, including linking with other treatment providers not only within the primary care setting but, with the clients’ permission, outside it as well.
7. Assist the primary care provider in recognizing, treating and managing mental health and psychosocial issues and acts as a contributing member to the primary care team.
8. Attend weekly IBH staff meeting.
9. Attend bi-monthly all clinic staff meetings.
10. Attend off-site trainings or webinars as directed in order to remain up to date on evidence based techniques and approaches.
11. Provide all services in accordance with accepted standards of care and Axis protocols within the parameters of agency contractual requirements.
12. Perform other duties as assigned, which may include supervision of interns, providing in-service trainings, etc.

A background check is part of our hiring process. Axis Community Health is An Equal Opportunity Employer.

E-mail your resume to erogers@axishealth.org. Include “IBH therapist” in the subject line. Please provide a cover letter indicating why you are well suited for this position, and include salary history.