

Tri-Valley Al-Anon Meeting List – Dublin, Livermore and Pleasanton

Sunday

1 – 2:15PM Keep it Simple Sunday
#30717931
Crossroads Fellowship
386 Preston Ct. Livermore

1:30-3PM Survival to Recovery
#062139 Zoom: 379-134-1418
PW 749360

6:30-8:00PM Parents W/Alcoholic Children #48269
St. Philip's Lutheran Church
8850 Davona Dr. Dublin
Room 109

Monday

7–8:15PM Recovery in Relationships
#503115
St. Clare's Episcopal Church
3350 Hopyard Rd. Pleasanton
Book study using various AFG books

7:30-8:45PM Monday Night Dublin
#000856
John Knox Presbyterian Church
7421 Amarillo Rd. Dublin Room D

7:30-9:00PM Furious Teenagers
#502756 **Alateen**
John Knox Presbyterian Church
7421 Amarillo Rd. Dublin
Room H Ages 12-19

7:30-9:00PM Preteen Rascals #045997
John Knox Presbyterian Church
7421 Amarillo Rd. Dublin
Room 8 Ages 6 -12 **Alateen**

Tuesday

7 – 8 PM New Beginnings #1103
Asbury United Methodist Church
4743 East Ave. Rm 13 Livermore

7 – 9 PM District 16 Business Meeting
First Tuesday of the Month
Zoom 86579029158 PW 788916

Wednesday

12-1PM Wednesday Noon Women's Step Study #500862
Zoom 873-9061-6457 PW 798150

6:30-7:30PM Men at Work #61188
St Clare's Episcopal Church
3350 Hopyard Rd. Pleasanton

6:30-7:30PM Men at Work On-Line AFG
#30813975
Zoom 819-7205-2615 PW 245341

7:00-8:00PM Soul Sisters: Women in Recovery #503630
Lynnwood United Methodist Church
4444 Black Ave. Pleasanton

Thursday

7-7:30pm Newcomers Meeting #000857
7:30-8:45 PM Dublin Thursday AFG
John Knox Presbyterian Church
7241 Amarillo Rd. Dublin Room D

7:00-7:25PM Newcomer's Meeting
7:30-8:30PM Serenity Road #049267 (Hybrid)
Cornerstone Fellowship Church
348 N Canyon Pkwy Livermore
Room U1 second Floor
Zoom 884-2115-7269 PW Trixie-2

Thursday

7:30 - 8:30pm Live More Teens
#30810665 **Alateen** age 12-19
Cornerstone Fellowship Church
348 N Canyons Pkwy Livermore
Room: Downstairs living room

Friday

11:00-12:15PM Friday Steps Traditions and Concepts #064265
Zoom 851-7759-7140 PW 773442

7:30-9:00PM Friday Night San Ramon AFG
#61651 St Philip's Church
8850 Davona Dr. Dublin
Meeting in Library (thru gate to big doors on right) Book Study- How Al-Anon Works

Saturday

8:45-10:00AM Pleasanton Step Study #0611573
St Augustine's Church
3999 Bernal Ave. Room 6
Zoom 857-9355-8241 PW 492141

9:00-10:00 AM Saturday Step Study #30802154
Lynnwood United Methodist Church
4444 Black Ave. Pleasanton
Meets in Room C, Youth Room

11:00-12:30 Hope and Healing for Women Book Study #30550655
Zoom 840-1185-5497 PW serenity

7:30-9:00PM Monthly Speaker Meeting
2nd Saturday of the month #3002797
St Philip's Church
8850 Davona Dr. Dublin

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THIS MEETING LIST IS CONFIDENTIAL

It is ONLY for sharing Al-Anon/Alateen information and activities. It is not to be used as a mailing list or for any form of solicitation or commercial venture. District 16 lists groups at their request, confident they will abide by the Al-Anon/Alateen Traditions and their meetings will be open to any Al-Anon/Alateen member. Listing in this directory, however, does not constitute approval of any group's manner of practicing the Al-Anon/Alateen Program. If the group you attend is not right for you, please try another. There is help and hope available in Al-Anon.

Phone numbers:

Tradition Six states that Al-Anon family groups do not endorse outside enterprises. In the spirit of cooperation, rather than affiliation, the following numbers might assist you in finding solutions to problems other than living with the effects of alcoholism in a relative or friend.

ALCOHOLICS ANONYMOUS
925-829-0666 Valley Service Center
925-449-9796 Crossroads Fellowship
925-463-9899 Tri-Valley Fellowship
925-939-4155 Contra Costa County
MARIJUANA ANONYMOUS
510-957-8390
COCAINE ANONYMOUS
310-559-5833
NARCOTICS ANONYMOUS
510-444-4673 Alameda County
925-685-4357 Contra Costa County
CO-DEPENDENTS ANONYMOUS
415-905-6331 Bay Area Info line
NAR-ANON
800-477-6291

Al-Anon/Alateen Meeting Information:

8am-6pm Eastern Time, Monday-Friday
1-888-425-2666 USA
613-723-8484 Canada
<http://www.al-anon.org>
TRI-VALLEY AL-ANON 925-277-7661
CONTRA COSTA AL-ANON 925-93206770

Tradition Three states that the only requirement for membership in Al-Anon is that there be a problem of alcoholism in a relative or friend. The message of the Al-Anon Family Groups is one of hope. It is the story of men and women who once felt helpless, lost and lonely because of the alcoholism of a loved one. Today, these men and women have courage and confidence. They have learned about simple things they can do to help themselves which, indirectly, can help their alcoholic relative, whether sober or not. They have found understanding friends. Teenage groups, known as Alateen, are a vital part of the Al-Anon Family Groups. Young people seeking help with problems that arise when alcoholism afflicts a parent, close relative or friend, meet to exchange experiences and to gain understanding of the alcoholic. This helps them to keep their own lives and personal development from being affected too deeply by association with an alcoholic.

TRI-VALLEY AL-ANON

For help and information:

Email: help@alanontrivalley.org

Call: 925-277-7661

Website: alantontrivalley.org